

2023 Youth Report For Librarians/Media Specialist

In 2022, HRC and the University of Connecticut surveyed nearly 13,000 LGBTQ+ youth (age 13-18) from across the United States on their health, well-being, school and home experiences, and more. Full results from this survey are presented in the <u>2023 LGBTQ+ Youth Report</u>. Below, we present key findings every librarian and media specialist should know, along with action steps you can take to support the LGBTQ+ youth in your community.

# Key findings you should know:

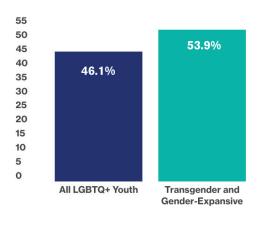
- SCHOOL SAFETY: Many LGBTQ+ youth feel unsafe at school-yet the library is often seen as a safe haven
  - Almost half (46.1%) of LGBTQ+ youth, including over half (53.9%) of transgender and gender expansive youth, reported feeling unsafe in at least one school setting
  - However almost 9 in 10 (88.7%) LGBTQ+ youth reported that they usually or always feel safe in their school library

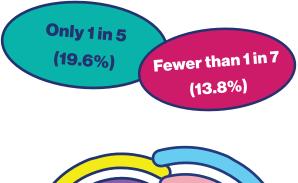
### + ACCESS TO INCLUSIVE SPACES:

- Only 1 in 5 (19.6%) LGBTQ+ youth have access to LGBTQ+ inclusive sex education
- Less than 1 in 7 (13.8%) LGBTQ+ youth are taught LGBTQ+ history in schools.

### **+** INFORMATION SEEKING

- 82.5% of LGBTQ+ youth have ever used the internet to seek out LGBTQ+ specific sexual health and behavior information
- Over 9 in 10 (95.3%) LGBTQ+ youth have used the internet to seek out information about LGBTQ+ identities, and their own identity as an LGBTQ+ person







# What Can You Do to Support LGBTQ+ Youth

#### ...In Your Library

- Where possible, post positive and LGBTQ+ affirming symbols, such as pride flags and safe space stickers, in your library.
- □ Where possible, provide age-appropriate books that teach about LGBTQ+ people, histories and identities.
  - Check out Welcoming Schools Booklists for ideas - <u>https://welcomingschools.org/resources/</u> books.
- Ensure your library's internet protection software or parental control software does not block youth's access to appropriate LGBTQ+ content such as information about LGBTQ+ identities and age-appropriate sexual health information.
- Add pronouns to library accounts to decrease misgendering of patrons and add staff pronouns to name plates, name badges, and the library's website to normalize pronoun use for everyone.

#### ...In Your Community

- Host all-ages LGBTQ+ community events such as Drag Story Hour and Pride Book Clubs to celebrate LGBTQ+ culture within your library.
- □ Ensure your library provides professional development training on bias-based bullying for your full team.
  - If you are based in a school, check out Welcoming Schools Training Program - <u>https://welcom-</u> ingschools.org/resources/training.
- Provide LGBTQ+ affirming local resources including affirming mental health resources to support LGBTQ+ youth and families.
  - Check out the database of local LGBTQ+ community centers with our partners at CenterLink -<u>https://www.lgbtqcenters.org/LGBTCenters.</u>
- Allow all patrons, especially youth, the option of using a chosen name instead of a legal name on their library card and library account.

## To read the full 2023 Youth Survey Report, visit: hrc.im/YouthReport2023