



HUMAN
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FOUNDATION

WELCOMING SCHOOLS
Book of the Month



Door By Door

By: Meeg Pincus

Elementary Discussion Guide

Suggested Age Range: 4-8

About the Story

As a kid, Sarah McBride dreamed of running for office so she could help people in her community. Her friends and family encouraged her, but there was one problem: they saw Sarah as a boy, and Sarah knew she was a girl. Every night, she'd replay the day in her head, watching how it would have played out if she was able to live as the girl she knew herself to be. In college, she finally came out as Sarah, and in 2024 she was elected to the U.S. House of Representatives, making her the highest-ranking trans political official in the country!

About the Author

Meeg Pincus (she/her), M.A., is the author of 30+ picture books in the trade and school/library markets. She's been a nonfiction writer, editor, educator & diverse books advocate for over 25 years. She lives, writes and sings with her family in coastal Southern California.

Discussion Questions

- ✳ The children pictured on the front cover of this book are waving different flags. What do you think those flags mean?
- ✳ Can you think of things people sometimes say only girls or boys should do or wear? How does it make you feel when you have to wear something you do not like?
- ✳ Why should we be kind to everyone, no matter what they like or how they act?
- ✳ What do you want to be when you grow up?
- ✳ At the start of the story, the author says there are two important truths (or ideas) that will guide Sarah as she grows. What are those truths? Can you think of important ideas or things you believe that help guide you every day?

Activities

- ✳ Build a model of the White House with blocks, modeling clay, or cardboard.
- ✳ Make a sign or poster about something important to you. Pretend you are in a parade and hold your sign up high!
- ✳ There is a list of notable transgender people in the back of the book. You can find coloring sheets for some of them and learn about other important figures in LGBTQIA+ history [here](#).
- ✳ Sing a song about voting. [Here is one from PBS](#).
- ✳ Learn more about the presidents Sarah liked to read about (Abraham Lincoln, Franklin D. Roosevelt and John F. Kennedy). Ask a librarian to help you find books about them.



Reading is one of the most powerful ways to model inclusion and nurture empathy. Welcoming Schools created the Book of the Month series to foster compassionate dialogue and elevate joyful stories of authentic LGBTQ+ lives, building monthly engagement and momentum leading up to our National Day of Reading each February.